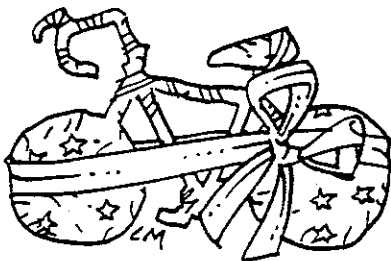




# December 1995

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12



-ADVENTURE CYCLING

## Blue Water Ramble

Volunteers are needed to head the committees that organize the BWR. If you can help, please volunteer at club meetings. Remember that BWR is the main fund-raiser for the Clinton River Riders bicycle club.

## T-shirt design

January meeting will have vote on T-shirt designs for the BWR. Bring your ideas to Jan. 8th meeting.

## Elections

Nominations are in January for club officers. We need new volunteers for officers so that the Clinton River Riders can continue to serve it's members. The pay isn't very good but the work isn't that hard and you can make a difference in running the club. The elections are held in February. If you wish to run for president, ride director, secretary, treasurer or newsletter editor, please come to January meeting.

## Club Membership renewal

Remember that club membership expires in January. Please register by mail or at meeting. Only registered members will be able to vote in elections. See application in this newsletter. Contact the treasurer, Pennie Morauski (810) 773-2213

## Christmas Party

This years Christmas party will be at the River House Banquet club on 5 Amvet Drive, Mt. Clemens, MI 48043 (810) 463-0670. Located off of Crocker (Cass) just east of Gratlot

## Bike Feast

Gary Haelewyn has volunteered as club liaison for the Bike Feast this year. Bike Feast is a get together for southeast Michigan bicycle clubs in March at Westland community center for a party and to reminisce about previous riding season and plan the new season.

**Editors Note:** Please submit articles by Thursday after the meeting. Mail it to: Ted Gondert, 356 Third St, Romeo, MI 48065 or call me at (810) 752-7043, if you want to FAX or modern something to me, call voice first so I can turn it on. Or E-mail at "ac557@detroit.freest.org" IBM/DOS 3.5 " disk with ASCII, WPS.1 or MS Word for Windows 2.0 is good.



-ADVENTURE CYCLING

## Next Meeting

**Monday, Jan. 8, 1996**

**7:00 p.m. at Mt. Clemens**

**Recreation Center**

**300 Groesbeck (at Lafayette)**

### President

Steve Angst (810) 573-8089

### Ride Director

Rick Jones 879-2490

### Secretary

Julie Windhorst 939-6073

### Treasurer

Pennie Morauski 773-2213

### Editor

Ted Gondert 752-7043

### LMB Representative

Warren Berthelsen 781-8706

### Hot Line

792-4670

# Ride Schedule

## Reoccurring Rides

Call the Hotline (810) 792-4670 for updates

Lights are mandatory on evening rides.

**Saturday 9:30 a.m. :** meet Doug MacDermaid at Schultz Funeral Home ( 8½ & Gratiot) for 30-35 mile ride @14-16 mph to Grosse Pointe, breakfast after ride.

## Scheduled Rides for December

Call the Hotline (810) 792-4670 for updates or call Rick Jones (810) 879-2490 to schedule a ride.

Not very many rides scheduled for December with the cold weather. Check the Hotline for latest news about events that come up after the newsletter is printed.

**Sunday, December 31 9:00 a.m.:** meet Duane Nieman or Ted Gondert at Romeo High School for 40 mile road or a mountain bike ride on dirt roads to Dryden VFW for pancake breakfast. Mountain bikes have ridden in some snow but not deep snow, slush or very cold temperatures. Lets try to get out for **The Last Dozen!**

## Other Rides and Events

### Wally Ball

**Saturday December 30th, 6:00 p.m. to 7:30 p.m.:** at the Warren Racquet Center on Civic Center Drive near 12 mile and Van Dyke. Contact Warren Berthelsen 781-6706 for more information. Price of court is 24 dollars per hour, divided by the number of players.

### Stair Climbing

**Sunday 9:00 a.m.:** Meet at the Westin Hotel health club in the Renaissance center in Detroit. This is good training for the winter so you will be in shape for the spring. Contact Doug MacDermaid (810) 939-4670 for more information.

### Summit Step up Stair Climb, February 3 & 4

This event at the Westin Hotel in the Renaissance center is for the American Heart Association. Events include: "To the Top" (up 72 floors), The Vertical Mile Marathon (8 trips up) or "The Team Relay" (teams of 4 climb 18 floors each). For registration contact ; American Heart Association, 16310 W. Twelve Mile Road, Lathrup Village, MI 48067 (810) 557-9511.

The Clinton River Riders have participated in this event both as competitors and as volunteers to pass out water etc. for the runners. Contact Doug MacDermaid to volunteer or for information.

## New Year rides

**Monday January 1, 1996, 2:00 p.m.:** First Dozen ride in Dearborn at the Olive Branch Mason Lodge, 1170 Mason St. This ride by the Dearborn Cycling Saddlemen bicycling club has been a good start to the cycling season for many years. Enjoy the camaraderie and meet new bicycling friends on a 12 mile flat ride around Dearborn. Hot chocolate and refreshments after the ride. Registration is \$5 before December 15 or \$7 after or day-of-ride. Commemorative pins to the first 150 registered riders.

**Monday, January 1, 1996, 12:00 noon:** "Polar Rhino Ride" in Clarkston. Dirt road mountain bike ride with two loops to choose from; 8 mile flat or 17 mile flat to rolling hills. Ride starts from Independence Twp. Library 6495 Clarkston Rd. (½ mile east of Main St. (M-15) near I-75) at 12:00 noon for all riders. Registration opens at 10:30 a.m. cost \$8 includes hot chocolate, muffins and bagels after the ride. T-shirt is available for \$15, sweat-shirt \$25. Pre registration can be mailed to Polar Rhino Club, PO Box 815, Clarkston MI 48347. Call Kinetic Systems 810 625-7000 for more information.

## Detroit Science Center Sunday

Come join us after a morning of stair climbing on Sunday January 21 at the Detroit Science Center for an afternoon of hands-on exhibits as well as other visual displays. Such as a laser presentation in the exhibit hall showing 3-d graphics floating above the entrance also live science demonstrations in the interactive video theater. A highlight of the Center is their 3½ story Omnimax Theater showing "Destiny in Space" Group rates (for 10 or more ) are \$4.00 for adults & \$3.00 for children 4 years and under. Meeting time will be 11:00 a.m. at the Renaissance Center Spa & health club. Reservations must be made with Bill or Julie Windhorst by January 2 and prepaid at that time.

## Winter Weekend Jet-away

I am currently looking into package prices for flying to New Orleans or New York City. Prices will include air & two nights hotel stay. If we got to New Orleans, price would include a Riverboat. The weekend hasn't been decided yet but it will be in February or March. Preliminary prices are running about \$375 for NY. leaving in February & \$367 for New Orleans leaving 2/23-2/25 (both per person)

A couple other upcoming planned events are going to The Holocaust Memorial Center in W. Bloomfield (some Sunday) & the Lionel Trains Visitors Center in Mt. Clemens (some Saturday), The Detroit Historical Museum for the Motor City Exhibition (all about how cars are built & designed with interactive displays.)

Let me know if there is **any interest** about these ideas.

**Bill Windhorst**  
(810) 939-6073

# Completes 'Lifetime Journey'

## Ride Across America

from newsletter *US Auto Scene - Metro Detroit* (November 27th) had article by Gerald Scott about Kevin Degen's ride across the United States. I used it for information, quotes and the photograph.

Kevin Degen has ridden in many of the invitational tours and rides in southeast Michigan despite cerebral palsy. He can only use one leg and arm, so he rides an adult racing tricycle. In the BWR he usually rides the century loop. At Peach of a Ride in September he talked about his upcoming cross country ride that has been a longtime dream.

Kevin started the cross country bicycle tour along with a dozen others as part of the AXA World Ride '95, which was an around the world cycling challenge to show the "able" in disabled athletes. The cyclists started the US leg in Los Angeles on October 1, arriving at the Washington Monument in the District of Columbia, November 17 after 3056 miles of riding.

Along the way the cyclists attracted media attention including a CBS-Charles Kuralt special on Thanksgiving Day. Dozens of people were at Metro Airport to greet Kevin as he got off the plane, in his riding tights and jersey with his trusty cycle. The stitches on his nose didn't dampen his enthusiasm, when asked about them he replied, "Nine stitches, but if I had to do it over again, I would. I fell over - went 9 feet in the air and then fell over onto my face. It was a little scary, but I'm okay though."

"The biggest thrill of my life is when I got to ride with (Tour DeFrance champion cyclist) Greg LeMond. He rode with me and he told me that I ride better on my bike than most (non-challenged) people do on theirs"

LeMond, a hard-nosed athlete, was reportedly moved to tears seeing what these challenged riders could accomplish.

Kevin Degen's ride was dedicated to raising funds for Kenny Rehab, a non profit organization in Southfield that encourages people with disabilities to become independent and mainstream as possible or practical by providing adaptive equipment, etc. Allied Signal/Kodak, Kevin's employer, gave him the time off work and support, General Motors also donated \$15,000 to his cause.

"My favorite stop was Phoenix, Arizona- it was 116 degrees out there and I loved every minute of it. But the worst stop I made was in Philadelphia, where there was three feet of snow (in mid November)," Degen said.

"The Rocky Mountains were the hardest- they were the hardest but the most beautiful. Overall, though, every stop was terrific, people come out and shake your hand, give you presents, celebrations, bands and food galore."



**KEVIN DEGEN** was the man of the hour at Detroit Metro Airport last week as he returned to town following his cross-country cycling trip, covering over 3,056 miles. —photo by Gerald Scott

## Top Club Miles

George Zlotro	4215
Rick Jones	4187
Bill Windhorst	3381
Steve Angst	2794
Julie Windhorst	2549
John Tarantino	2338
Gary Green	2217
Sheila Jones	2140
Marilyn Tarantino	2097
Patrick Moorman	2048
Steve Morauski	1860
Richard Dyer	1834
Douglas MacDermaid	1801
Art Meerhaeghe	1761
Gary Haelowyn	1690
Debbie Angst	1658
Dave Switney	1635
Susan Moorman	1570
Laurie Brickner	1544
Jerry Bartels	1530
Eric Noyes	1517
Pennie Morauski	1495
Hank Thoenes	1439
Sharon Wiseman	1424
Ted Gondert	1383

## Happy Birthday

Debbie Angst 1/11, Curt Best 1/15, Jeremy Dobry 1/02, Mike Freeman 1/21, Jane Koch 1/6, Jennifer Koch 1/31, Denise Kosen 1/02, Mike Malloch 1/30, Patricia Moed 1/28, Karen Redmond 1/08, Sue Scott 1/04, Marilyn Tarantino 1/13, Lisa Ureel 1/05, Jim Wright 1/05.

## Welcome new members

Craig Boyer, David Rumohr, Bill Yoblonski, Colleen O'brien

## Club ID Cards

Identification cards for club members are available from Pennie Morauski at club meetings or by sending SASE (Self Addressed Stamped Envelope) to Pennie Morauski, 14207 Castle Dr., Warren MI. 48093. Back of card has room for emergency information such as phone #, allergies, etc.

## Bike shops with discounts for CRR members with ID cards.

Prestige Cycles (810) 792-4040  
36558 Moravian Dr., Clinton Twp.

Pavlat's Two Wheel Authority 542-7182  
1109 S. Washington, Royal Oak

Pointe Cycle & Fitness (313) 886-1968  
20343 Mack, Grosse Pointe Woods

Mountains of Bikes (810) 412-0500  
42201 Garfield, Clinton Twp.

Antoon's Bicycles 247-9240  
13823 19 mile Rd. Sterling Hgts

Sterling Schwinn 979-7570  
2169 Metro Pkwy, Sterling Hgts  
878 S. Rochester Rd, Rochester 652-1555

Big Ralph's Schwinn Cycling 772-3258  
23521 Nine Mack, St. Clair Shores

Macomb Schwinn 756-5400  
28441 Schoenherr, Warren

## Semcog News

SEMCOG, the Southeast Michigan Council of Governments (313) 961-4266 is the Metropolitan Planning Organization for seven counties in southeast Michigan. The public is invited to review and submit comments on proposed amendments to the 2015 Regional Transportation Plan (RTP) for Southeast Michigan during the public comment period ending January 10, 1996

Four projects listed below are proposed amendments to the 2015 RTP. These projects are located in the Southeast Michigan Counties of Oakland, St. Clair and Washtenaw. Comments concerning the projects should be sent to

SEMCOG Carmine Palombo (313) 961-4266 Detroit  
SCCOTS Lisa Patton (810) 987-4884 Port Huron  
AAYUATS Terri Blackmore (313) 994-3127 Ann Arbor

**Oakland:** Widen South Boulevard to 5 lanes between I-75 and Squirrel Road.

**Oakland:** Widen Square Lake Road to a 4 lane Boulevard at Livernois.

**St. Clair:** Widen Kraftt Road by adding one traffic lane along the southern edge of the road. Replacement of sidewalks, drive approaches, curb and gutter. Between Gratiot Avenue and Port Huron Northern High School

**Washtenaw:** Widen Ellsworth Road from 2 to 3 lanes between Hewitt and Michigan

Above information taken from notice received 12/12/95

Bill Duemling - Par-Kut International, Inc.

-- \_0 World Wide Web: <http://www.parkut.com>  
-- \_k\_ Internet: [bduemlin@parkut.com](mailto:bduemlin@parkut.com)  
- (\_)/@(\_ Voice: 810.468.2947 Fax: 810.463.1273



JAN 1st 12:00 NOON



# Club Guidelines from the ADVENTURE CYCLING ASSOCIATION

by Harry Stavert, reprinted from *BikeReport* magazine, June 1987

## HOW TO RUN A BICYCLE CLUB

What are the secrets of success?

The activities within a bicycle club are 50% bicycle riding and 50% socializing. Knowing this little item of trivia has quite a bit to do with running a bicycle club!

Mortality rate for bicycle clubs is high. Why do some flourish and others fail? Those that make it are said to have good leadership. Some think that failure comes from the members not wanting to get involved, or finding it to be too much work. When you have these conditions, failure has already set in and what you see are the results, not the cause.

What is "leadership" anyway and how do you get it to work in a bicycle club? Take a look at a thriving club and you will have no difficulty in finding someone to accept the time-consuming jobs such as President or Newsletter Editor or Rides Chairman. Why is that? No pay is received; in fact, many take care of the incurred expenses out of their own pockets. They not only give of their time but run up telephone bills, burn off gasoline or whatever it takes. Why are they so motivated?

Whatever becomes a motivating force is probably a very complex subject. In this case, there are a myriad of different things that encourage someone to accept a club office or to take on a task. When it is all narrowed down, three main ingredients come to the forefront:

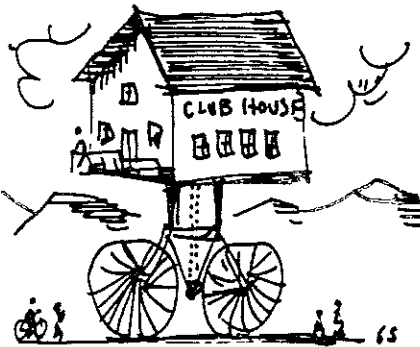
First, the office or project has to be FUN! Not just a little amusement—every phase has to translate into FUN!

Second, the task has to be worthwhile, showing an obvious benefit to others, or being geared to making the whole organization go.

Third, since there is no pay, there has to be recognition for what's being done. If recognition is properly given, it will be the biggest single motivating influence in encouraging further con-

tribution to the operation of the club. This doesn't necessarily mean a plaque or trophy must be presented. Recognition can be accomplished with a few words of appreciation from the top officer or even from the membership. A line or two in the newsletter from time to time about a particular job well done also helps.

Better still, organize a social event to honor those members doing the work. These people have to know



they are appreciated, or they will soon get the idea no one cares and they'll burn out quickly. One fatal mistake is to wait until the end of the term to extend thanks and recognition to committed officers and involved members. The recipient should hear about it before then. It is far better to use the Annual Banquet as a time to "roast" each officer and committee head.

In any organization about 15 - 20 % of the membership does all the work. This same small group isn't going to do it forever - new members are needed not only to replace the original group but to also supply fresh ideas. Members who come forth with ideas need to be encouraged and supported. Short-sighted leadership often is too cautious about the risk in certain projects. If a member proposes an exciting and workable idea that might risk the entire club treasury, be fearless and do it! All one needs is a few successes to watch enthusiasm spark and the membership join together. Once it starts, it's infectious and you are on the way to bigger and better things.

Don't think for a minute that your club is going to get famous merely by offering weekend rides. Admittedly,

these are important events and are the backbone of any club. But, if you are going to grow and be a viable organization, you must have additional tours, centuries, or legislative endeavors.

About 80 % of the membership in any club is made up of casual riders. Easier events need to be offered if new members are expected to join. If an atmosphere prevails where a new member feels self-conscious about showing up on a Schwinn Varsity for a regular Sunday afternoon spin, then your club is on shaky ground. Try getting an experienced club member to teach a class on "Recreational Cycling for the Beginner." This kind of program will also help get you noticed in the community.

Bicycle socials make a nice addition to the calendar of standard weekend club rides. The attendance will usually far exceed that for a bike ride, and some people who never show for a ride will be at the social. Meet at someone's house for a pot-luck or at a local pizza parlor. This gives the opportunity for the membership to get to know each other. Not only are lasting friendships made at socials, but some of the famous rides we do today have been spawned at such events.

The telephone can do wonders to improve your club's image for friendliness. Form a telephone committee and personally invite members to rides and meetings. Personalized postcards with upcoming meeting and event dates can also make a big difference (check with your club's computer guru on just how easy it is to set up personalized mailings.) A few personal invitations always generate warm feelings toward the club and that is a guarantee for success! The bicycle is an uncanny bonding agent — camaraderie among cyclists is probably greater than in any other sport. A bicycle club can bring that esprit de corps to a maximum!

**ADVENTURE CYCLING**  
a s s o c i a t i o n

P.O. Box 8308, Missoula, MT 59807  
(406) 721-1776

