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The RAMBLER



Clinton River Riders Bicycle Club

Access online at WWW.lmb.org/crr

For many the cycling season winds down with arrival of shorter days and much much cooler temperatures here in the Great Lakes region. If you are one who does not ride through the winter as weather permits please ensure you clean and service your reliable 2 wheeler. Business is slower for most local bike shops and they appreciate any work you do not choose to perform. This will also help ensure your next year's cycling more enjoyable and support your goals. Take care of your bicycle like your ride and health depend on it.

Many thanks to all that supported and rode in the 2007 Blue Water Ramble. Everyone gave tremendous effort and time to create success. Much thought and energy are going into how to execute next year's event as smooth as possible. We appreciate all the feedback as it weighs in the equation to make each year even better.

Our annual award banquet is December 8th. Flyers and email were sent out earlier. We look forward to seeing attendees there.



December 2007

12/03 David Rumohr

12/07 Patrick
Moorman

12/08 MaryLou
Guisinger

12/08 Sharon
Wiseman

12/09 Pete Sprecher

12/13 Tom Harrison

12/14 Dan Keifer

12/14 Bill Windhorst

12/21 Tim Woodby

12/23 Raymond
Danford

12/24 Sheila Jones

12/24 T. J. Hill

12/26 Steve Angst

12/30 Darlene Phillips

Club members are entitled to purchase one club jersey per year at a reduced cost (\$34). Contact Dennis Prost at 248-931-7300 or email Dmprost@strategicfunding.com to get yours today.

New Members: Kim and Mark Mau, Chris Downs are guests from the Slow Spokes. Welcome to your association with Clinton River Riders. We appreciate your interest in cycling and will support you in our many miles of riding together.

Our next Clinton River Riders Meeting is on Monday, December 10th at 7pm in the Mt Clemens Library (downstairs).

Our annual Clinton River Riders Awards Banquet is December 8 @ 6:30pm. At Sajo's of Clinton, 36470 Moravian, off of Garfield – south of 16 Mile Rd.

Art Meerhaeghe let member know that the annual Square Dance is January 12th 2008.

J Tarantino informed the club there is an article in the S Spokes newsletter on Bob George's efforts with kids in school awareness with the space shuttle.

Some of this month's newsletter is devoted to skiing and the 2007 ski season.

-- Climbing will keep you warmer on cold days, lessen the impact of wind on blustery days, and make the ride highly rewarding on a damp day when it's so tempting to stay home

Cross Country Skiing at Stony Creek Metro Park.

Rental for skis \$3.00

poles \$2.00

boots \$3.00

Total Cost \$8.00

they are available at the Golf Course (586) 781-9166.

Snow Shoeing at Stony Creek Metro Park

Rental for snowshoes \$5.00, they are available at the New Nature Center (586) 781-4242

REI (Big Beaver and Rochester Rd) (248) 689-4402, rents downhill skis, cross country skis, boots, poles and snow shoes for day use or weekend, call for pricing.

Every avid cyclist should have a good, basic understanding of how their bike works and be able to do simple repairs and maintenance. The more you know and can do for yourself, the more complete you'll feel about your experience as a rider. Air up your tires frequently, lube the chain 2 times a month, and check your tires and drive train monthly. These will help you find problems when they are small and avoid a disaster on the side of the road. pedal smoother with less bike chatter.

---Don't overdress. You should feel chilly for the first few minutes before pedaling warms you up. If you start off toasty you'll soon overheat, sweat and become uncomfortable in damp clothes.

Michigan Ski Clubs

- Ann Arbor Ski Club PO Box 3258 Ann Arbor MI 48106
www.A2skiclub.org
- Detroit Irish Ski Club 42 Smith St., Mt Clemens MI 48043
www.detroitirishskiclub.com
- DTE Ski Club 2000 Second Ave, 307 SB Detroit, MI 48226
www.DTEskiclub.com
- GM Ski Club GMskiClub.org
- Greater Grand Rapids Ski Club www.MDSCski.org
- Grosse Pointe Ski Club www.gpskiclub.com
- Jug & Mug Ski club PO Box 13153 Lansing, MI 48901
www.jugandmug.org
- Livonia Ski Club janekudej@aol.com
- Schussmeister's ski and snowboard club PO Box 808 Flint MI 48503 www.schussmeisters.org
- Ski Nicks Ski Club, Boyne Mountain
Joshenterprise@aol.com
- Ski Prix Ski club echurch@wideopenwest.com
- Skis' n Tees Livonia, MI skisntees@gmail.com
- Skiwi Ski & Social Club PO Box 1801 Warren MI, 48090
rakayakski@yahoo.com
- Tech Center Ski Club www.techcenterskiclub.com
- Thunderbird Ski Club PO Box 396 Dearborn, MI 48121
www.tbirdskiclub.com
- Washtenaw Ski Touring Club PO Box 1967 Ann Arbor, MI 48106 www.hvcn.org/info/skiclub

CRR Ride Schedule

Monday No regular rides scheduled thru winter.

Tuesday No regular rides scheduled thru winter.

Wednesday No regular rides scheduled thru winter

9 am Rick & Sue Moorman lead a 30 mile ride from TBD To TBD.
Contact Rick for the weekly particulars.

Thursday No regular rides scheduled thru winter.

Friday

8 am or 8:30 Meet Bill & Annette for a 40 or 50 mile ride at 15 - 18 MPH ride. Call Bill at 248-652-2278 or email nlt than Wed.

Saturday

9 am Stony Creek West Br parking lot. Meet TJ Hill for mountain bike riding, pace of TJ. Good beginner ride. Call TJ at 586-293-0162.

9 am 8 ½ & Gratiot (Shultz's Funeral Home Parking lot) Meet Jane Bernard or the Mooremans for a 34 mile ride at 14 – 16mph. Goes all winter but weather and road conditions permitting. Breakfast afterwards and 10 minute rest at the mid point.

Sunday

9 am Stony Cr Boat Launch Meet TJ Hill for 50 miles of mostly dirt road riding. With a lunch stop somewhere near the 30 mile mark. Call TJ at 586-293-0162.

The Writers Guild of America is taking this strike very seriously. Today on the picket line they were holding up signs that said... nothing.

A girl phoned me the other day and said... Come on over, there's nobody home. I went over. Nobody was home.

Rodney Dangerfield

Starting Saturday November 17th at 9:00am. We will hike every Sat for 1 - 2 hours at a brisk pace through the mountain biking trails at Stony Creek Metro park. Recommend hiking boots, please bring a water bottle, tissues, chapstick and a snack. The trails protect you from the wind. There is an optional lunch stop afterward. For beginners please join us. we will walk you back to your car at any time, example if you only want to walk 30 min. Any questions or if weather issue please contact Catherine Serra catherineserra@yahoo.com or 248-495-1630.

LIFE

is not a journey to the grave With
the intention of arriving safely
in a pretty & well preserved body,
but rather to skid in broadside,
totally worn out & proclaiming,
"WOW, WHAT A RIDE!"

-anonymous-

"One should be so lucky!"

-Ron Truax-

Just before the beginning of the Christmas holidays, an elderly man in Phoenix calls his son Bob in New York and says, "I hate to ruin your day, but your mother and I are divorcing. Forty-five years of misery is enough! I'm sick of her, and I'm sick of talking about this, so call your sister in Boston and tell her," and then hangs up. - The father turns to his wife, and says, "The kids are coming for the holidays, and they're paying their own way!"

A cardiologist died and was given an elaborate funeral. A huge heart covered in flowers stood behind the casket during the service. Following the eulogy, the heart opened, and the casket rolled inside. The heart then closed, sealing the doctor in the beautiful heart forever.

At that point, one of the mourners burst into laughter. When all eyes stared at him, he said, "I'm sorry, I was just thinking of my own funeral.....I'm a gynecologist."

The proctologist fainted



Sometimes it helps to sit down and think your problems over